

# STATE SPORTS POLICY OF MEGHALAYA

(Final Draft Stage)



सत्यमेव जयते

2008

# THE POLICY

# S P O R T S

## CHAPTER - 1

### EXECUTIVE SUMMARY

- 1.1 Sports, games and physical fitness have been a vital component since the time of ancient civilization as revealed by a vast range of highly developed indigenous games and martial arts. The intrinsic linkage between sports and games and the human quest for excellence is recognized.
- 1.1.2 The Department of Sports and Youth Affairs further acknowledges the importance of making every youth, both urban and rural, to actively participate in sports, games, physical education and youth activities towards achieving a good health, a high degree of physical fitness, increased performance in academics, accelerated individual productivity and overall development of their personality. Such activities are also a means of value addition to the social responsibilities when the potential human resources are moulded into a positive force. ***Achieving excellence in sports, besides broad basing sports and physical education, and creation of necessary infrastructure is the motto of the State Sports Policy 2008.***
- 1.2. Modern sports and games, especially where the youths are more inclined and physical suitably built will be given additional thrust and intensified. Priority sports disciplines will also be determined like-wise. Non priority disciplines will also continue to get encouragement and assistance so as to popularize these areas also.
- 1.3. Traditional & Indigenous games would be given due recognition. The State government will gear up itself to spread their popularity to every district, block and important centres.
- 1.4 While sports-related activities are considered important aspects of overall youth development, yet there is an intrinsic aspect whereby the youths of our State should be guided to become responsible citizens of today and the pillars of our society tomorrow. Towards this goal, youth festivals, awareness programmes on culture, HIV AIDS, environment, social malaises, career guidance, leadership training, national integration and such like are required to be conducted. Therefore, a holistic approach will be adopted to develop both the physical and the intellectual capabilities of the youths.

## CHAPTER - 2

### AIMS & OBJECTIVES

- 2.1** To achieve mass participation in physical education in order to promote the overall sports culture in the State and to achieve good health.
- 2.2** To identify and groom young sports talents in order to achieve excellence in sports and also youth activities and games.
- 2.3** To promote youth as a positive and dynamic force and mould their character and all- round personality development for full realization of individual potentials so that productive and progressive youths become assets to the society and contributes effectively in the social upliftment of the State.
- 2.4** To broad base sports, games and physical education right from Block Level upto the State headquarters so that every youth is afforded a chance to exhibit inherent talents.
- 2.5** To undertake required infrastructure development for promotion of sports, games and youth activities with efforts to spread such infrastructure right from Village to Blocks to District headquarters and State headquarters.
- 2.6** To promote traditional games of the State so that they are preserved and popularized.

## CHAPTER - 3

**3.1** The Department of Sports and Youth Affairs in the Government of Meghalaya will take maximum effort to promote sports and games in the State starting at the Block Level, District Level and right up to the State Level. This Policy envisages a holistic approach which will cover both the rural and urban areas. The policy document has been divided into two parts: (i) The Policy and (ii) The Plan.

The Policy is a long term document with macroscopic elements which should not be amended except under exceptional circumstances and only by the approving authority ie the Cabinet. It has a minimum perspective of ten years and may be reviewed thereafter. The Plan is a short term document which can be altered as and when the need arises by the department after observing official procedures.

**3.2** There will be a priority for the sports disciplines identified as Major Sports which are deemed as *thrust areas*. The Major Sports would be categorized as **Major Sports Grade A and Major Sports Grade B**.

### **Grade A Major Sports should be**

- (i) a spectator sport which evokes interest across all sections of the population in the State
- (ii) The State Association should be active and have district and subdivision level bodies conducting the affairs of the Sports at the grass root level including inter-district tournaments or district level inter club tournament at the State level.
- (iii) The State should have participated in national and Regional level tournaments in the past two years.
- (iv) It should be an Olympic Sport.
- (v) Any team representing the State with the involvement of the Sports department should have won medals in the National level in the past three years.

### **Grade B Major Sports should be :**

- (i) A Sport that is played widely across the State.
- (ii) The State Association should be active and have district and subdivision level bodies conducting the affairs of the Sports at the grass root level including inter-district tournaments.
- (iii) The State should have participated in national and Regional level tournaments in the past two years

The Major Sports Grade A in the State would be (i) Football

And the Major Sports Grade B would be (i) Cricket (ii) Athletics (iii) Boxing (iv) Karate (v) Judo (vi) Taekwondo (vii) Archery (viii) Table Tennis (ix) Badminton (x) Kick Boxing.

There will also be a holistic approach to encourage other sports disciplines that are not in the thrust area for which we may categorize these as **Minor Sports** such as :-

(i) Cycling(ii) Golf (iii) Swimming (iv) Basketball (v)Volleyball (vi) Tennis (vii) Softball (viii) Kabbadi (ix) Kho-Kho (x) Chess (xi) Carrom (xii) Equestrian (xiii) Fencing (xiv) Adventure Sports(xv) Wushu and (xvi) Gymnastics

Traditional and Indigenous games will also be encouraged and popularized in both the rural and urban areas.

## CHAPTER - 4

- 4.1 The Sports Department will create a plan for the creation of new sports infrastructure and revamping the already available infrastructure such as Indoor Sports Complexes, Playgrounds, Basketball Courts, Swimming Pools and such other sports infrastructures as far as funds are available either from Central Government or State Government sources. The Sports Department is open to corporate sponsorship also.
- 4.2 The creation of infrastructure will not be urban centric but will be spread throughout the State with a particular focus on the sports disciplines popular and suitable to a particular area.
- 4.3 Regular upgrading of the infrastructure created will be reviewed and implemented.
- 4.4 In instances where the Sports Department through the State Sports Council Meghalaya is not in a position to directly run the infrastructure, NGOs, Sports Associations and local Officers' Club will be encouraged to run and maintain a particular infrastructure under certain terms and conditions.
- 4.5 Localities (through the Village Durbar), Sports Associations and Schools or Colleges having their own playground may avail of grant in aid under the existing rules to improve their infrastructure and uplift sports activities.
- 4.6 There will be an effort to preserve available open spaces for playgrounds and other sports infrastructure so that in the near future there will be a scope to expand and create new playfields in the light of space constraint. This Policy also envisages involving stakeholders in sponsoring the setting up of small and medium size Sports Academies with focus on the thrust areas sports disciplines.
- 4.7 There are numerous vibrant Sports Associations that have been established in the past and some more recently. On the other hand there are also Sports Associations that have either become defunct or non-functional. The approach will be to lend support by way of grant-in-aid to the active Associations since they are the organizations that are promoting sports talent sustaining activities and bringing laurels to the State.
- 4.8 Efforts will be made through the Directorate of Sports and Youth Affairs or Meghalaya State Olympic Association to settle disputes within any Association that may arise so that sports discipline will not be adversely affected.
- 4.9 The Sports Department will also be actively associated with Associations that are organizing major tournaments both by way of grant-in-aid and personnel support such as deputation of Coaches, Physical Training Instructors and Time Keepers.
- 4.10 The Sports Department will work in tandem with the various Sports Associations of the State and through its District Sports Officers will spot sports

talent during the conduct of various tournaments which includes both thrust and general area disciplines. The Sports Associations are expected to provide updated data to the Directorate of Sports and Youth Affairs regarding fresh talents and new records attained.

- 4.11 Coaching Camps and Clinics for Coaches, Referees and Athletes (including new talents) will be conducted regularly to acquaint them with techniques and rules and regulations of various disciplines.
- 4.12 In order to sustain the physical condition of the athletes, besides regular Coaching Camps there shall be special Coaching Camps before all major tournaments especially where the State is represented outside. This may be done by the Directorate of Sports and Youth Affairs, Meghalaya State Olympic Association or the concerned State Sports Associations.
- 4.13 In order to keep a record of the programmes and growth of the athletes, *personal cards* containing the various details of the trainee will be initiated.
- 4.14 Officials, Coaches, Physical Training Instructors, Referees and Athletes will be encouraged to attend training programmes whether in the State or outside. Assistance in this regard will also be extended to such sportspersons attending the training programmes.

## CHAPTER - 5

**5.1** The budgetary allocation is the most important element that determines how the department functions. It is recognized that the department has to service a number of issues from Infrastructure development, Sports activities, Youth affairs, Operational expenses for Organizational management at Government level.

An indicative formula is given on the prioritization of fund allotment as below:

If X be the total allotment of funds( both Plan and Non plan to be calculated separately)

If Y be the total requirement for OPEX<sup>1</sup> for Govt department, then fund available for the year would be:

1. (X-Y)
2. For Infrastructure development the allocation may be  $0.5(X-Y)$  including GIA to State Sports Council Meghalaya(SSCM)
3. For Sports including GIA and conducting tournaments and Incentive schemes:  $0.5(X-Y)* 0.7$
4. For Youth Affairs :  $0.5(X-Y)*0.3$

**5.2** The Department would make a sustainable attempt to get additional funding for Infrastructural development under DONER, MOTA, NLCPR, Any untied funds from GOI and the Ministry of Sports and Youth Affairs.

**5.3** Incentives will be awarded to those sportspersons who have excelled in various competitions at the State, Regional, National and International Level Tournaments the amounts which will be determined by the State Government. Awards for Coaches and Trainers will also be devised as a mark of recognition of the services rendered by them and to motivate young Coaches and trainees to follow suit.

**5.3** The State Government has already allocated 2% of all government jobs to sportspersons who has represented the Country/State and the District in any sports discipline vide No.PER(AR) 150/88/152 dt.30-10-2006.

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<sup>1</sup> Including salaries, Office expenses, contingencies etc

# YOUTH AFFAIRS

## CHAPTER - 1

**1.1** The Department of Sports and Youth Affairs will continue to implement the current youth programmes like Youth Camps, Nehru Yuva Kendra, Youth and College festivals, Assistance to Voluntary Organization engaged in -

- (a)** Youth Welfare Activities
- (b)** National Integration Camps
- (c)** Youth Leadership Training Programme
- (d)** Adventure Programme
- (e)** Entrepreneurship Workshop
- (f)** College Fiesta - This programme is an umbrella of all the colleges of Meghalaya participating in the two day carnival which includes sports events, drama, songs and dance, extempore speech, quiz and debate competitions besides others. The underlying motive of this jamboree will be to bring about a fraternity spirit amongst both the students and teachers and also bring out the best talent from amongst the youths. The running of the College fiesta is primarily by the students themselves with support from the teaching faculty and the Department of Sports and Youth Affairs. The role of the department would be outside support with minimal financial aid and the organizers should make attempts to raise fund from corporate bodies on their own.
- (g)** Youthfest - A week-long programme where school student representatives from all the districts of the State will be taught and exposed to Vocational Training, Know Your Culture, Disaster Management, Competitions on Quiz, Singing, Drama, Extempore Speech & Debate, Sports Events, exposure trip to industrial & farm areas, social issues like the dangers and pitfalls of early marriages, alcoholism, drug abuse and awareness of protecting the environment.

**1.2** The State will continue to implement programmes like the

- (a)** Chief Minister Youth Development Schemes/Intensive Sports and Youth Development Programme (CMYDS/ISYDP)
- (b)** The Intensive Youth and Sports development programme as envisaged in the State Planning process.

**1.3** The Department will diversify the youth activities and apply value addition methods to the current programmes in keeping up with the times.

# THE PLAN

## CHAPTER - I

### METHODOLOGY

#### 2.1 Creation of infrastructure

##### **A. State Level :-**

State Level Sports Training Complexes with the following facilities will be created for regular training, practice and competitions.

- a) Outdoor Stadium with synthetic athletic track and allied facilities for players and trainers, having separate enclosures VIP, media para-medics, medical and other necessary infrastructure. with a standard football ground inside the track. Priority is to develop Infrastructure at the State Level then district and Block level.
- b) Separate ground for Cricket, Hockey, Archery Range, Basketball, and Volleyball shall be considered within the Sports Complex.
- c) Fully developed Indoor Stadium for multi disciplinary games like Table Tennis, Badminton, Boxing amongst others.
- d) All weather standard Swimming Pool.
- e) Cycling Velodrome.
- f) Indoor Hall for accommodating multi-gym, weight lifting, gymnastics, contact games like martial arts and fitness equipments will assume priority. Such State Level Sports Complexes will be exclusively under the control and management of the Directorate of Sports and Youth Affairs which shall ensure that such facilities so created are not used for non-sporting activities.

##### **B. District Level :-**

To augment the already existing sports infrastructure, the creation of turfed playfields/stadia/and tennis and basketball courts in the State particularly at the district level will be encouraged. Therefore, in order to expand developed stadia/playfields, one District Sports Complex, comprising multi-disciplinary playing surfaces with ancillary facilities starting with Athletic track to Archery, Volleyball, Basketball, Swimming Pool etc. will be planned to be created and developed at the various District headquarters. Where partial facilities already exists, upgradation to a full fledged Complex will be undertaken. Subsequently, such Sports Complexes will be developed in the Sub Divisions, Blocks and important centrally located smaller towns and villages once the district level Complexes are completed. The management of such Complexes will be vested with the District Sports Officers, provided adequate resources for maintenance is available.

**C. Development of Playfields/Courts in remote areas :-**

Priority will also be given in developing playgrounds/courts in smaller towns and villages for broad basing sports and games particularly in rural areas. The District Sports Officers will prioritize the proposal to create and upgrade playfield, depending on the popularity of the games in the local area on an annual basis and which will be fully developed to augment sports infrastructures and activities in that area. The playfields to be developed will be prioritized so as to ensure uniformity district-wise. The above are subject to adequate funding from Central & State Government sources besides corporate sponsorship.

**D. Sports infrastructure development in the Educational Institutions :-**

To ensure that education should not be academic centric, it would be the effort of the government to include sports and physical education in the school, college and university curriculum.

- b) Educational campuses that have playfields will be considered for improvement and up gradation so also the educational institutions that have adequate unutilized space.
- c) Deputing school and college teachers for courses in Physical Education. The issue of posting and deploying fully trained Physical Education Teachers in schools will be taken up in consultation with the Department of Education.
- d) Arranging coaching programmes and clinics at the school and college levels both for students and teachers in-charge of sports.
- e) In case a full time Physical Education Teachers are not available, a system may be devised to depute such teachers on a rotation basis.
- f) Sports and Physical Education as a compulsory subjects in all Educational Institutions :-

With a view to integrate Physical Education and Sports into the mainstream education, it is important to include Physical Education as an integral part of the academic curriculum. Once Physical Education is incorporated as a compulsory subject in the schools it will empower the young students to know and practice about Physical Education in its full value, importance, intricacies and the health benefits that they can derive in understanding physical education and participating in games and sports, and the lifelong value of living a full life free from sickness and disease.

Towards this end adequate fully trained Physical Education Teachers (PETs) are required to be appointed to recognize schools. It may not be possible to deploy the PETs to all schools at one go, but this can be done in a phased manner, the PETs will be deployed in all the schools located at the State headquarters, districts and sub-divisions. Once the PETs are in place, the subject of study will be taken up and marks are awarded like any other subject in the curriculum. In case of the initial shortage of PETs, a cluster of schools may be under the charge of one PET.

**E.** In case grant in aid for Infrastructural development is required the same is to be applied in the prescribed format.

#### **F. Preservation of Playfields and Open Spaces :-**

Preservation of available land for playgrounds is a pre-requisite for development of required infrastructure. The State Government will make efforts to ensure, that the existing playfields/courts/stadia are preserved for sports activities both at the Community and Educational Institutions level. **Existing open spaces available and fit for development into playfields/stadia but which is yet to be taken possession of, or yet to be developed will be preserved, if necessary, after following necessary formalities.**

#### **G. Development of Separate Arena for other Community/Social Programmes :-**

The existing practice of organizing various other social programmes, like Rock Concerts/Trade Fairs/Religious gatherings etc. besides sports and games in the stadia/ playfields has caused the playgrounds a lot of damage and sometimes even leads to injuries to sportspersons. The State Government therefore, reiterates to develop separate arenas, specifically for such social programmes with enclosures consequently to keep the stadia /playfields meant for sports and games exclusively for such purposes to prevent damage, disruptions to trainees and above all the ambience it requires.

## CHAPTER - 2

### TOURNAMENT AND SPORTS COMPETITION SUPPORT

**2.1** In order to sustain and develop sports competitions in the State, the State Government shall extend financial aid to various State Sports Associations, Clubs and the Schools prioritized in the following manner:

- a) State Level Sports Associations that are duly recognized by the Department through the Directorate of Sports & Youth Affairs and affiliated to the Meghalaya State Olympic Association for selection of talented players, training and participation at various National/Regional Tournaments and hosting of National Level Tournaments especially in the thrust area sports disciplines. The concerned Associations shall involve the Department during its bidding process.
- b) District Level, Sub Divisional Level and Block Level Sports Associations will be identified and recognized to organize tournaments/coaching camps and clinics to Officials and funded suitably to carry out sports activities as per the prioritized disciplines.
- c) Schools/Colleges that are taking up Inter-School/College tournaments or Youth Welfare Programmes.
- d) Individuals who have been selected to represent the state and even country as a support for travel, incidental expenditures, equipments, training and allied requirements.
- e) Besides the above, Associations/Clubs that are taking up sports and youth welfare/ adventure programmes and are proximately located to many villages/towns will also be aided financially.
- f) Costly equipments will also be considered for procurement to various Associations/Clubs as per the priority list indicated above and provided funds are available.

While extending financial aid to various Associations/Clubs preference will be given to those Organizations that have been able to win laurels for the State at the International/National & Regional levels respectively. Associations that have committed financial irregularities, misconduct, and that fail to submit Utilization Certificates shall be debarred from getting further assistance. The application for financial aid shall be categorized into Olympic and Non-Olympic events and preference shall be given to the Olympic events. All applications for grants shall be routed through the District Sports Officers except the State Level Associations/MSOA which may submit proposals directly to the Directorate.

## CHAPTER - 3

### **IDENTIFICATION OF TALENT :-**

**3.1** It is recognized that the pool of sports talent arises primarily from the school level and thence onwards to the college and university levels.

i) Young children at the Primary, Upper Primary and Secondary Schools/College Level, will be initiated to take to sports and games and once they show the inclination for a particular game, the children would be taken to proper orientation and specialized training, while ensuring that the academic development is not impaired.

ii) The Department of Education in collaboration/consultation with the Sports and Youth Affairs, may initiate the step to deploy PETs at the Primary, Upper Primary and Secondary Schools to initiate children to sports, games and physical education and initial training to talents identified in the schools.

iii) **Special programmes of competitions exclusively for -**

a) Primary Schools (b) Secondary Schools (c) College Level youths to identify talent and to give opportunity for every young promising sportsperson to take part in games.

iv) Talent aptitude test called battery test will also be initiated for the school children to identify talent and proper grooming so that they are able to exhibit their potential and bring laurels to the State.

v) Every effort will be made to tap the potential talent amongst the non-school going children by organizing tournaments through the sports associations and youth clubs both at the urban and rural areas.

vi) The Department of Sports and Youth Affairs will initiate steps to also deploy the PTI/ PETs at the grassroots level, as far as possible, to initiate Physical Education amongst the youth clubs and schools in the area and to initiate the first step of identifying young talents from the rural areas. The PETs will be responsible for mobilizing various individuals and youth clubs, organizing Inter-School and Inter-Club Tournaments, thus providing an opportunity to tap rural talents. The PTI/PET will also liaise with the District Sports Officer/Inspector of Schools for bigger tournaments and youth-related programmes.

## CHAPTER - 4

### TRAINING AND COACHING -

4.1 Identification of raw talent is one thing and moulding them into first-rate performers is quite another. Therefore, unless the new talent is nurtured and groomed, the new talent will die a natural death. Hence, in order to groom the available talents, it is reiterated that proper Coaching and Training to players will be adopted as follows :-

- a) **Coaching at the Block Level** - Once the identified talents are collected by the PETs, the specialized trainer in the particular discipline will be assigned the task of imparting a specialized coaching at least for a duration of one month. The initial Coaching programmes will be carried out twice in a year, which could be imparted separately or in collaboration with the Directorate of Sports and Youth Affairs.
- b) **Coaching on a regular basis** - It would be the endeavor of the Deptt. to assign at least one Coach per thrust area discipline to be stationed at the District headquarters who would carry on the Coaching programmes on a regular basis to the selected players.
- c) **Coaching before major tournaments** - Once the players are selected to represent the District/State, for competitions outside the District/State, a major Coaching programme shall be imparted.

### 4.2 Personal Cards

i) The strongest link in the system of Coaching and Training is monitoring. Therefore, it is deemed fit and proper that a system of "Personal Cards" should be introduced for all sportspersons in order to monitor their progress in their sports career. The criteria would be as follows :-

The starting point would be a system of record keeping in respect of each sportsperson. This card would indicate physical characteristics, like height, weight, age etc. and the mode of discovery of talent, etc. and a whole set of other details which would be necessary for the purpose. The monitoring of such cards would be done by the concerned Coaches and maintained by the respective Sports Associations, the details of which should be submitted to the Director of Sports and Youth Affairs, on a half yearly period.

ii) While the cards should be in the custody of the sportspersons concerned, two other copies should be maintained; one in the Office of the respective Association and the other in the Department of Sports and Youth Affairs. Updating of information should be carried out on a quarterly period. In view of the large number of cards involved, the obvious thing is to computerize the data. Therefore, the State Sports Associations and other bodies would be asked to recognize the introduction of such a system of personal cards in order to ensure the effectiveness of the scheme. The major sports category would get one time support for data management from the Sports and Youth Affairs for this matter.

The details of career graph would indicate among other things, selection to Coaching Camps, Tournaments/Championships, the achievements including records made, medals won, conferment of Awards, Scholarships won and indeed anything which has to do with the performance of the sportsperson would be entered in the card. In due course of time, it would be easy to access the information on a particular sportsperson immediately. It thus would provide insight to the Coaches and the administrators, into the progress or decline in performance of the particular sportsperson and remedial solutions can be sought.

## CHAPTER - 5

### **SUPPORT PERSONNEL:-**

5.1 Physical Education Teachers and Coaches or Trainers forms the backbone of the physical education pyramid and sports and games development. Unless they are able to update their knowledge on the latest developments in the latest rules & techniques, and path breaking theories, the system of Coaching will remain inadequate. It is in this backdrop, the supporting personnel will try to keep at par with their counterpart in the rest of the country. Further support mechanism will be:

- i) In-service Refresher Courses in various thrust area disciplines.
- ii) Deputation for specialized training, seminars/conferences of repute at National and major International sports events.
- iii) Depute personnel to appear in qualifying examinations organized by the National Federations/International Federations to be qualified as Umpires/Judge/Jury/Referee/ Arbitrator etc.
- iv) Assistance may be provided for holding Training Camps for supporting Personnel within the State by inviting eminent experts from Organizations/Coaches/Sports Scientists of National/International repute.
- v) Encourage Sports therapist and physiotherapy to be part of support system in sports management.

## CHAPTER - 6

### THRUST AREAS :-

6.1 It is considered important to prioritize the sports disciplines out of the multitude of sports disciplines that the modern day offers. Firstly, to suit the demands and popularity with the youths of the State and also which are more suited to the body structure of the people of the State. It is also necessary to prioritize the disciplines so that more focused resources and efforts can be canalized in that direction to achieve realistic results while at the same time not neglecting the non-prioritized disciplines which shall continue to be patronized. The following disciplines are considered most suited for prioritization and hence identified as **Thrust Areas**.

#### Grade A

- 1) Football

#### Grade B

2)

- (i) Cricket (ii) Athletics (iii) Boxing (iv) Karate (v) Judo (vi) Taekwondo (vii) Archery (viii) Table Tennis (ix) Badminton (x) Kick Boxing.

Besides the Thrust Areas, the other disciplines categorized as **Minor Sports** such as:-

- (i) Cycling (ii) Golf (iii) Swimming (iv) Basketball (v) Volleyball (vi) Tennis (vii) Softball (viii) Kabbadi (ix) Kho-Kho (x) Chess (xi) Carrom (xii) Equestrian (xiii) Fencing (xiv) Adventure Sports (xv) Wushu and (xvi) Gymnastics

While participation is not restricted only to the above, yet it is felt necessary to prioritize selected sports disciplines while at the same time, exploring the possibilities to expand to new games when the situation so warrants.

In pursuance of the promotion of the disciplines in the thrust areas, efforts will be made to create the desired infrastructure supported by the proper training and equipments and with upgradation on a regular basis.

6.2 It is proposed that the Sports and Youth Affairs department would encourage the active involvement of the State Sports Association for Sports management in the State. All the major Sports in the State should have active Associations duly recognized by the Sports and Youth Affairs department. The Association should have acceptable articles of association and also have affiliation with the National federations to ensure proper support in terms of Infrastructure, finance and for gaining technical expertise.

It would be in the interest of Sports in the State that each discipline in the Major Sports category ( Grade A) should have a budget of Rs 20 lakhs per annum as grant in aid to the State Association for conducting Inter-district tournaments, talent spotting, camps, Organizing exposure trips and for welfare activities of Sportsmen past their prime.

Similarly, the Grade B Sports should have an annual support of Rs 3 lakhs from the Government as grant-in aids. The minor Sports should also be encourage and a support of Rs 1 lakh per year should be given to them.

The support is subject to the following terms and conditions:

- (i) The Associations before availing any aid from the Government should produce proceedings of their annual general meetings and Executive Committee meetings authorizing the conduct of such events and also produce the latest Audited figures of their Financial Statements.
- (ii) In case any aid has been availed in the past, it is mandatory that the Utilization certificate has to be submitted before availing any further assistance. There will be no consideration for grant- in- aid to defunct and non-functional Associations.
- (iii) Elections should have been conducted on a regular basis based on their Constitution and certification to this effect may be given by the General Secretary of the Association.
- (iv) The Associations should make application in prescribed format as approved under this Plan.
- (v) The Associations should furnish the list of Office bearers to the Directorate of Sports and Youth Affairs on the 1<sup>st</sup> of April, every year for updating the government database.
- (vi) The Associations should also have a long term and medium term holistic Road Map for promotion and development of the Sports concerned and submit the same to the Government.
- (vii) **Any additional support for holding tournaments of Regional, National importance would also be considered subject to production of letters from Regional/National bodies of the Sport.**

## CHAPTER - 7

### **SPORTS ACADEMY :-**

- 7.1. The State Government will take steps to involve Stakeholders in sponsoring the setting up of a few small to medium size Sports Academies. Initially, these academies will specialize in two or three prioritized disciplines and with the growth of the Academy, more disciplines would be added. The selected players to the Academy will be given a long term continuous coaching under the supervision of professional Coaches and the trainees will be accommodated in the Academy itself. The academic schooling of the trainees will be done in the general educational institutions and a system of scholarship will be in place to sponsor the academic expenses of the students
- 7.2. . As an incentive to Private Sector Corporate Houses that are forthcoming with funds to construct and maintain such Sports Academics, Tax Relief on Income Tax Returns will be accorded.

## CHAPTER - 8

### INCENTIVES

8.1 Adequate Incentives, to be determined by the Government in the Sports and Youth Affairs Department will be awarded to those sportspersons who have excelled themselves in the sports competitions at the recognized State, Regional, National and International level Tournaments in the form of Special Scholarships and Cash Awards to motivate the young players to work harder and bring more laurels to the State. Excellence in sports is the motto in providing cash incentives to the young achievers in this field. The awards , initially would be categorized as follows:

8.1.1 MAJOR SPORTS (Grade A): National tournaments (TEAM) : Rs 25 lacs for Gold, Rs 15 lacs for Silver and Rs 10 lacs for bronze. If a person is a winner of team game in International tournament as part of a national squad as per 8.1.2

8.1.2 MAJOR SPORTS (Grade B): TEAM:

INTERNATIONAL TOURNAMENTS: Rs 20 lacs for Gold, Rs 10 lacs for Silver and Rs 7.5 lacs for bronze.

NATIONAL TOURNAMENTS: Rs 10 lacs for Gold, Rs 7.5 lacs for Silver and Rs 5 lacs for bronze.

INDIVIDUALS( including being part of national squads in team games):

*Olympics*: Rs 1 crore for Gold, 50 lacs for Silver and 25 lacs for bronze.

*Commonwealth/Asian games*: Rs 25 lacs for Gold, Rs 15 lacs for Silver and Rs 10 lacs for Bronze.

*SARRC/SAF games*: Rs 15 lacs for Gold, Rs 10 lacs for Silver and Rs 5 lacs for Bronze.

INDIVIDUAL: National tournaments: Rs 3 lacs for Gold, Rs 1.5 lacs for Silver and Rs 75,000/- for Bronze.

8.1.3: MINOR SPORTS:

TEAM: INTERNATIONAL TOURNAMENTS: Rs 20 lacs for Gold, Rs 10 lacs for Silver and Rs 7.5 lacs for bronze.

NATIONAL TOURNAMENTS: Rs 10 lacs for Gold, Rs 7.5 lacs for Silver and Rs 5 lacs for bronze.

INDIVIDUALS( including being part of national squads in team games):

*Olympics*: Rs 1 crore for Gold, 50 lacs for Silver and 25 lacs for bronze.

*Commonwealth/Asian games*: Rs 25 lacs for Gold, Rs 15 lacs for Silver and Rs 10 lacs for Bronze.

INDIVIDUAL: National tournaments: Rs 2 lacs for Gold, Rs 1 lac for Silver and Rs 50,000/- for Bronze ( only duly recognized OPEN tournaments organized by national federations and not by breakaway/disputed associations or by associations in legal dispute over recognition issues).

**8.2** The State Government will also devise a Youth Awards Scheme, the amount to be determined by the Government in the Sports and Youth Affairs Department to be awarded to those exemplary young achievers in any field, be it academics, crafts, singing, dance, drama, musical or any field of youth activity (ages being 13-35 years) and social services. The Award shall be given away on an annual basis, based on applications routed the respective District Sports Officers.

**8.3** Special Quota for employment in the Government jobs :-

The State Government has already allocated 2% of all Government jobs to sportspersons who has represented the Country/State and the District in any sports discipline vide No.PER(AR) 150/88/152 dt.30-10-2006.

**8.4** Award for Coaches and Trainers :-

The performance exhibited by the sportspersons at any level is largely the byproduct of the Trainers and Coaches besides the inherent talent of the young people. Also expansion of Physical Education at the community level, club and schools will form a mass base for participatory sports and games and in this respect, the Physical Education Instructors have a big role to play in motivation, demonstration and leading the people irrespective of age and sex towards participatory sports and health promotion programmes.

Therefore, the State Government will devise a scheme styled as the "Award for Physical Education Teachers and Coaches" in the line of "Dronacharya Award" of the Government of India to recognize, reward and motivate those PETs and Coaches, who have been able to achieve/bring about record breaking performances in case of Coaches at least at the National level and being able to bring about a sea change in attitude, knowledge and participation of community as a whole and young people in particular in participatory sports and games enabling the young people to metamorphose into excellent and competitive Sportspersons. It is envisaged that the award for the best coach of the year be given once a year based on nominations to be called by the Department or if that steps fails to elicit any response then the Sports department along with the MSOA should jointly decide the nomination. A Cash award of Rs 50,000/- per annum and a certificate and citation would be given by the Government.

**8.5** Insurance: - The Government will explore the possibility to set up a State Welfare Fund for the benefit of the sportspersons on the line of National Welfare Fund for sportspersons of the Government. of India. The initial corpus of the fund would be Rs 10 lacs and the Sports department would contribute Rs 2 lakhs every year to replenish the corpus. Attempts would be made to get Corporate Sponsorship to add to the Corpus.

## CHAPTER - 9

### **NETWORKING :-**

**9.1** The State Government will recognize the setting up of the Meghalaya State Olympic Association (MSOA) to act as an umbrella Association for all the Sports Associations in the State. The MSOA should hold elections on a regular basis and ensure regular meetings to protect the interest of Sports in the State.

**9.2** The Department. of Sports and Youth Affairs will adopt a policy of networking within the State, with the Meghalaya Olympic Association and the State Sports Associations including the District, Sub-Division, Block Level Associations/Clubs with special focus on the schools and colleges to promote sports and physical education in the State.

**9.3** The Department of Sports and Youth Affairs would give an annual grant of support to the tune of Rs 5 lacs to the MSOA for running the affairs of the association and for the purpose of networking inside and outside the State subject to the same condition as at para 6.2.

## CHAPTER - 10

### **YOUTH PROGRAMMES :-**

**10.1** The State Government, through the Department of Sports and Youth Affairs will implement the following Youth Schemes where financial assistance and support will be extended to various Voluntary Organizations (NGOs) engaged in Youth Welfare activities.

The Schemes are as follows :-

- i) **YOUTH CAMPS** :- The main objective of these Camps are to impart collective training to the youth of the State for active participation incorporate living, involvement in Community Service, promotion of emotional integration and to boost the basic values of live-love, tolerance, cooperation and mutual understanding. For implementing this programme, financial support will be extended to various Youth Clubs to organize Youth Camps in all the District and Block levels of the State.
- ii) **NEHRU YUVA KENDRA** :- This is the Scheme started by Government of India in 1972 and the objectives of this programme is to undertake various activities for non-student youths. Under this programme, vocational centres, social service projects, adult education, library facilities, games and cultural programme are organized in the village. The Nehru Yuva Kendra plays a role of coordinating centre between the district level agencies and the villages. Financial assistance will be extended to recognize NGOs to implement this programme. The Directorate of Sports & Youth Affairs will maintain a close rapport with Nehru Yuva Kendra.
- iii) **ASSISTANCE TO VOLUNTARY ORGANISATION ENGAGED IN YOUTH WELFARE ACTIVITIES** :- The main objectives of this is to encourage and strengthen the hands of those Voluntary Organization who engage themselves in youth welfare activities. These voluntary organizations plays a vital role in promoting a spirit of national integration among youth, involving them in National building activities and in enabling them to develop their personality, become functionally efficient, economically productive and socially useful. There are more than 100 such organizations in our State. Had it not been for the commendable work of these organizations a majority of our youth today would have indulged themselves in drug abuse, delinquency, vandalism and other social evils. It is high time that the work done by these organization gets the recognition of the Government For the purpose, financial assistance to these deserving voluntary organizations for furtherance of their activities will be extended.
- iv) **NATIONAL INTEGRATION CAMPS** :- The comprehension of the unity and integrity of the country and the secular integration of the youth, is a prerequisite for their emerging as responsible citizens. Youth Camps of this nature include Inter-State Exchanges, Youth Festivals, Environment

Camps and Seminars/Festivals on National/Cultural programme. Financial support will be extended to the NGOs taking up the above programme.

- v) **YOUTH LEADERSHIP TRAINING PROGRAMME :-** The objectives of Youth Leadership Training Programme for the youth are to help develop amongst the non-students and rural/youths a critical awareness of their environments to inculcate a capacity to identify problems and to generate an understanding regarding the ways in which these problems can be overcome in a manner that engenders a spirit of self-reliance, develop skills and impart occupational training in order to improve the functional capabilities of youths and to encourage their participation in developmental programmes, encourage the youth to identify themselves with the needs and aspirations of the poor and deprived sections of the community and to work with them in situations of concrete realities in such a manner that their "Leadership" does not create a social gap between them and those with whom they work and to provide opportunities of community living and of work in field situations. The idea is to enable these youths to act as catalysts of social change. Through this Youth Leadership Programme it will enable to give them inputs such as pride in Nationalism, the importance of tribal folk heritage and also inputs in democratic values and the function of the Govt. Also efforts of the State Government and other agencies to give new opportunities for the youth could be highlighted in the programme.

- vi) **ADVENTURE PROGRAMME :-** In order to provide adventurous activities to the youth, the Department of Sports and Youth Affairs will encourage various Clubs/Associations to organize trekking, mountaineering and other adventure activities for the students and non-students. These programme will create the spirit of adventure amongst the participants, provide opportunity to come into contact with nature, see the country side and its peoples, enrich their experience and build their character by making them live with fellow beings, away from the comfortable life and enduring difficulties and discomforts together. For implementation of this scheme, financial support will be extended by the Department of Sports and Youth Affairs.

vii) **ENTREPRENEURSHIP WORKSHOP**

This programme aims to create awareness amongst the youths, particularly, the unemployed youths and enlighten them about the various entrepreneurial scopes available in the region and the country and the support schemes and avenues available from the Government agencies and various financial institutions. It also aims to orient the youths about the proper planning, management and accounting of the projects undertaken for a successful entrepreneurship to provide self employment and economic reliance ushering in more employment to the youths of the State.

- (viii) **COLLEGE FIESTA: AND YOUTHFEST** - This programme is an umbrella of all the colleges of Meghalaya participating in the two day carnival which includes sports events, drama, songs and dance, extempore speech, quiz and debate competitions besides others. The underlined motive of this jamboree which will bring about a fraternity spirit amongst both the students and

teachers and also bring out the best talent from amongst the youths. The running of the College fest is primarily by the students themselves with support from the teaching faculty and from the Department of Sports and Youth Affairs.

**(ix) CHIEF MINISTER YOUTH DEVELOPMENT SCHEMES :**

**(x) INTENSIVE SPORTS AND YOUTH DEVELOPMENT PROGRAMME**

For both the schemes at (ix) and (x) it would be mandatory to allocate funds in the criteria of 50% for sports activities and 50% for youth affairs, so that a balance can be maintained while implementing these schemes.

**APPLICATION FORM FOR FINANCIAL ASSISTANCE FOR CONSTRUCTION OF STADIUM/SWIMMING POOL/SPOTS COMPLEX/DVELOPMENT OF PLAYFIELD. ETC**

1. What is proposed to be constructed? :  
(i.e. whether a Stadium, swimming pool sports complex or playfield).
  
2. (a) Exact location of the project (Give Complete address including name of District). :  
  
(b) Population and area to be benefited by this project. :
  
3. © Whether land for the project has been Acquired. (Enclosed documentary evidence Length and breadth of area available) :
  
4. Whether any such facility is already available In the District (If so, give justification for this new proposal). :
  
5. Name and complete address of the Association/Organization. :
  
6. Attach detailed estimates on the basis of Approved Drawings duly prepared and approved by the Executive Engineer, PWD. :
  
7. Attach detailed estimates on the basis of approved Drawings duly prepared and approved by the Executive Engineer, PWD. :
  
8. Short history and scope of the work indicating The salient Features, soil condition, cutting/ fitting, if any type of construction, terrain (whether hilly or plain) and any other special features high lighting the same. :

9. Whether work of the project has commenced? :

If so, indicate.

i) The date commencement of work.

ii) The items of work completed and expenditure incurred thereon

10. The period required for completion of Project :

11. (a) Whether any Government grant has :  
Been received for this Project in the past

(b) If so, indicate sanction. No and date with :  
The account

12. Full justification for the proposal :

13. Remark and recommendation of the :  
Concerned District Sports Officer\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

It is certified that the information given above is correct. We hereby guarantee that the committee of the project shall always include one representative from the District Authority and the facilities of the project will be made available for benafide purposes to the general public free of cost of uninominal payment only.

Signature of the President/Secretary  
Name& Designation of the  
Association/Organization\_\_\_\_\_

Date\_\_\_\_\_

**SEAL**

ANNEXTURE-II

GOVERNMENT OF MEGHALAYA,  
DIRECTORATE OF SPORTS AND YOUTH AFFAIRS: SHILLONG  
APPLICATION FORM FOR GRANT-IN-AID

1. Name of the Association/Club/Schools etc :
  
2. Address in full :
  
3. Registration No. (enclosed copy). :
  
4. Please state the calendar of activities :  
Proposed to be taken up.
  
5. Indicate the long term development :  
Plan of the Association/Clubs with  
record to their objectives and targets.
  
6. Indicate a brief resume of the past :  
activities and achievements.
  
7. Amount of grant-in-aid applied for  
(detail estimates to be enclosed).
  
8. Whether grant-in-aid have been :  
received in the past. If so, please state  
the following:-

(a) The amount sanctioned \_\_\_\_\_

(b) Year of sanctioned\_\_\_\_\_

© Whether Utilization Certificate/Report etc furnished. Yes/No

9. Full Name, Designation and Address :  
of the Office Bearers.

10. Remarks and Recommendation of the :  
Concerned District Sports Officer.

Dated\_\_\_\_\_

Signature\_\_\_\_\_

Full name of the Secretary/President\_\_\_\_\_

\_\_\_\_\_

**SEAL**

ANNEXTURE-III

GOVERNMENT OF MEGHALAYA,  
DIRECTORATE OF SPORTS AND YOUTH AFFAIRS: SHILLONG  
APPLICATION FORM FOR PROCUREMENT OF SPORTS MATERIALS IN THE  
FORM OF GRANT-IN-AID

1. Name of the Association/Club/Schools etc :
  
2. Address in full :
  
3. Registration No. (enclosed copy). :
  
4. Please state the calendar of activities :  
Proposed to be taken.
  
5. Indicate a brief resume of the past :  
Activities and achievement.
  
6. Lists of Sports materials required to :  
Procure.  
  
(I) Consumable materials.  
  
(ii) Non-consumable materials.
  
7. Whether sports materials have been :  
Received in the past. If so, please state  
The following:-

(a) The List of materials supplied.

(b) Year of receipts.

© Full report of the Utilization of the Materials received.

8. Full name and Designation and Address :  
of the Offices Bearers.

9. Remarks and recommendation of the :  
District sports Officer.

Dated \_\_\_\_\_

Signature \_\_\_\_\_

Full name of the Secretary/President \_\_\_\_\_

\_\_\_\_\_

**SEAL**